

DAY 1 - THURSDAY

FESTIVAL TIMETABLE

MAIN STAGE

HORRIBLE HISTORIES	14.45 - 15.45
SIR RANULPH FIENNES	16.00 - 17.00
HARRY PEARCE	18.30 - 19.15
THE CUBAN BROTHERS	19.30 - 20.30

ADVENTURE COVE

SILLY SCIENCE SHOW	11.30 - 12.15
SILLY SCIENCE WORKSHOP	12.15 - 13.15
LAMIN DEEN OLY	13.45 - 14.45
ELISE DOWNING	15:00 - 16:00
HORRIBLE HISTORIES	17.30 - 18.30
FLASH: QUEEN TRIBUTE	20.15 - 21.45

GUERRILLA SCIENCE

MERMAIDS, MYTHS AND MONSTERS WITH INCREDIBLE OCEANS	14.30 - 15.30
SCIENCE RAPPER WITH JON CHASE	16.00 - 17.00
UNSEEN CONNECTIONS WITH NATURAL	17.30 - 18.30

ROLLER DISCO

GENERAL SKATING	11.00 - 18.00
ROLLER DISCO	18.00 - 21.00
RETRO DISCO	21.00 - 00.00

QUADBIKES

FULL QUAD ADVENTURE	11.15 - 18.15
TEEN QUAD ADVENTURE	11.15 - 18.15
MINI QUAD SAFARI	11.15 - 18.15

DINOMANIA

MEET AND GREET SPIKE	11.30 - 12.00
CREATE YOUR OWN FOSSIL	12.30 - 13.30
EVOLUTION OF THE DINOSAURS	14.30 - 15.30
INTERACTIVE DINOSAUR MUSEUM	16.00 - 17.00
BECOME A DINOSAUR RANGER	17.00 - 18.00

ASSAULT COURSE

SESSIONS	11.00 - 18.00
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FACE 'N' GLITZ

SESSIONS	11.00 - 19.00
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KRAV MAGA

DEMOS/INTERACTION	11.00 - 12.00
HANDGUN AND LONG WEAPON DISARMS	12.00 - 12.45
DEALING WITH KNIFE THREATS AND ATTACKS	13.00 - 13.45
LIVE DEMONSTRATION	14.00 - 14.30
DEALING WITH COMMON GRABS CHOKES AND CLINCHES	15.00 - 15.45
GROUND FIGHTING TECHNIQUES	16.00 - 16.45
MULTIPLE ATTACKER SCENARIOS	17.00 - 17.45

ONFIRE & RESCUE

DJ NEIL DIAMOND	14.00 - 15.00
BADMINTON LEVY	15.00 - 16.30
DODGEBALL	17.00 - 18.00
LEGENDARY OPENING PARTY	19.00 - 00.00

FUN ZONE

CRAZY BIKES	11.00 - 18.00
CIRCUS SKILLS	11.00 - 18.00
MEGA BALLS	11.00 - 18.00
TABLE TENNIS	11.00 - 18.00
COLOUR TOWN	11.00 - 18.00
MINI MONKEY GYM PARACHUTE PLAY	15.00 - 15.30
MINI GOLF	11.15 - 17.15 19.00 - 22.00

COMBAT ZONE

ARCHERY	11.00 - 18.00
AXE THROWING	11.00 - 18.00
SPEAR THROWING	11.00 - 18.00
COMBAT ARCHERY	11.00 - 18.00
NERF	11.15 - 18.00
COMMANDO CLOSE QUARTER BATTLE	11.30 - 18.30
SNIPER SHOOT COACHING	11.30 - 18.30
STATIC SHOOTING RANGE	11.15 - 18.30

SCIENCE AND NATURE

MICROSCOPIC MARVELS	16:30 - 18:00
AROMATIC ADVENTURE	14.00 - 15.30
BIOFLUORESCENT NIGHT WALK	21.00 - 22.30
STEAM CO. - CARDBOARD CREATIONS	11.00 - 17.00
STEAM CO. ROCKET WORKSHOP	11.00 - 17.00
STEAM CO. TSHIRT DESIGN	11.15 - 18.45

LAKE ZONE

OPEN WATER SWIMMING	11.00 - 19.00
KAYAK	11.00 - 18.30
SUP BOARD	11.00 - 18.30
RAFT BUILDING	11.00 - 18.00
OPEN WATER SWIMMING COACHING	11.15 - 16.15
LIFESAVING RESCUE SKILLS	11.15 - 16.15
LIFE SUPPORT AND CPR	11.15 - 16.15
SUP YOGA	17.00 - 18.00
INTRODUCTION TO SUP	12.30 - 13.30
MEGA SUP	11.15 - 18.30

BEAR CHILLS WELLNESS AREA

A SPACE TO BE	11.00 - 18.00
THE CALM ZONE	11.00 - 18.00
MILAN JOVANOVIC - MASSAGE	11.00 - 19.00
HYPNO FACELIFT PAMPER	11.30 - 12.00
GUT HEALTH HYPNOTHERAPY TASTER SESSION	12.30 - 13.00
WILD SAUNA	14.00 - 21.00
ANXIETY RELIEF RELAXATION	14.00 - 14.30
STRESS RELEASE RELAXATION	15.00 - 15.30
FAMILY BREATHWORK	15.00 - 16.00
FAMILY YOGA	15.00 - 16.00
LUCY LOCK - MASSAGE & REIKI	15.00 - 18.00
IMMUNE BOOSTER RELAXATION	16.00 - 16.30
BREATHWORK	16.00 - 17.00
GOAL SETTING & ACHIEVING WORKSHOP	17.00 - 17.30
KUNDALINI YOGA	17.00 - 18.00
SOUND EXPERIENCE	17.00 - 18.00

SKATE RAMPS

GONE WILD SKATEPARK	11.00 - 12.00 16.00 - 17.00
TRY SKATEBOARDING	12.00 - 13.00 14.00 - 15.00 16.00 - 17.00
KING RAMPS PRO DEMO	13.00 - 14.00 15.00 - 16.00 17.00 - 18.00

URBAN ZONE

PARKOUR	11.15 - 18.00
TRAMPOLINE	11.15 - 18.00
CLIMBING WALL	11.00 - 18.00
MOBILE CAVING	11.00 - 18.00
ONE WHEELING	11.30 - 14.30 15.30 - 17.30
MOUNTAIN BOARDING	11.30 - 14.30 15.30 - 17.30
FREEDROP	11.10 - 17.50

SURVIVAL VILLAGE

FIREMAKING	11.00 - 18.00
CAMO & CONCEALMENT	11.00 - 18.00
BUILD A SHELTER	11.00 - 18.00
FIELD COOKING	11.00 - 18.00
TRAP MAKING	11.00 - 18.00
MILITARY STYLE GAMES	11.00 - 18.00
COMBAT SKILLS	11.00 - 18.00
FIRELIGHTING	11.00 - 18.00
GROSS EAT STATION	11.00 - 18.00
PARA BRACELETS	12.00 - 13.00 14.00 - 15.00 16.00 - 17.00
REGAINS AND KNOTS	11.00 - 18.00
SKILLS ASSAULT COURSE	11.00 - 18.00
SPEAR MAKING	11.15 - 12.15 13.00 - 14.00 15.00 - 16.00 17.00 - 18.00
STALK	11.00 - 18.00
SURVIVAL SHELTERS	11.00 - 18.00
COMMANDO PAINTBALL AMBUSH	11.15 - 18.15

HISTORY ZONE

GET MEDIEVAL	11.15 - 18.30
KIDS ARCHERY (STONE AGE)	11.00 - 18.00
CATAPULT RANGE	11.00 - 18.00
STONE ARROW TIP MAKING	11.00 - 18.00
CLAY LAMPS	11.00 - 18.00
STONE AGE SELFIE BOOTH	11.00 - 18.00
STONE AGE INTERACTIVE TIMELINE	13.00 - 13.30
STONE SLATE MINI AXE MAKING	11.15 - 18.15
STONE AGE NECKLACES & TALISMANS	11.15 - 18.15
ARROW MAKING	11.15 - 18.15
MASTERCLASS PRIMITIVE FIRE MAKING	13.45 - 14.45 15.30 - 16.30
DUTCH ARROW MAKING	11.15 - 18.00
THE FORGE - BLACKSMITH WORKSHOPS	11.30 - 17.30
EXTRAORDINARY EXTINCT™ DISCOVERY WORKSHOP	11.00 - 17.00
EXTRAORDINARY EXTINCT™ FOSSIL TRAIL	11.00 - 17.00

ALL TIMINGS SUBJECT TO CHANGE

DAY 2 - FRIDAY

FESTIVAL TIMETABLE

MAIN STAGE

DIRTEA - THE HEALING POWER OF MUSHROOMS	11.30 - 12.15
ROARR! DIPPY THE DINOSAUR SHOW	12.30 - 13.00
BRAINIAC LIVE	13.30 - 14.30
KEZIA GILL	14.45 - 15.45
DIRTY BLONDE	16.15 - 17.15
FUNKE & THE TWO TONE BABY	17.45 - 18.30
SCOUTING FOR GIRLS	19.00 - 20.00
EXAMPLE	20.30 - 22.00

ADVENTURE COVE

ROARR! SHOW	09.15 - 09.45 09.45 - 10.15
SILLY SCIENCE SHOW	10.45 - 11.30
SILLY SCIENCE WORKSHOP	11.30 - 12.30
HELEN JENKINS MBE	13.00 - 14.00
SOPHIE POWER	14.30 - 15.30
DR PHILLIPA KAYE	16.00 - 17.00
EXTRAORDINARY EXTINCT™ STORY TIME	17.15 - 18.00
SAM OFFENDER: SAM FENDER TRIBUTE	22.00 - 23.30

GUERRILLA SCIENCE

THE FIN-TASTIC WORKSHOP WITH INCREDIBLE OCEANS	10.00 - 11.00
EXPLOSIVE EXPERIMENTS	11.30 - 12.30
ANATOMICAL LIFE DRAWING THE CARDIOVASCULAR SYSTEM	13.00 - 14.00
A-Z OF SOUND WITH SCHOOL OF NOISE	14.30 - 15.30 16.00 - 17.00
THRILL LABORATORY TALK WITH BRENDAN WALKER	17.30 - 18.30

QUADBIKES

FULL QUAD ADVENTURE	09.00 - 18.00
TEEN QUAD ADVENTURE	09.00 - 18.00
MINI QUAD SAFARI	09.00 - 18.00

LAKE ZONE

OPEN WATER SWIMMING	09.00 - 19.00
KAYAK	09.15 - 18.30
SUP BOARD	09.15 - 18.30
RAFT BUILDING	09.00 - 18.00
OPEN WATER SWIMMING COACHING	10.00 - 16.00
LIFESAVING RESCUE SKILLS	10.00 - 16.00
LIFE SUPPORT AND CPR	10.00 - 16.00
SUP YOGA	08.15 - 09.15 17.00 - 18.00
INTRODUCTION TO SUP	08.15 - 09.15 12.30 - 13.30
MEGA SUP	09.30 - 18.15

ROLLER DISCO

DISCO DANCE CLASS	09.00 - 09.45
CHARLESTON DANCE CLASS	10.00 - 10.45
STREET DANCE CLASS	11.00 - 11.45
GENERAL SKATE	12.00 - 18.00
ROLLER DISCO	18.00 - 21.00
RETRO DISCO	21.00 - 00.00

KRAV MAGA

DEMOS/INTERACTION	09.00 - 09.30
KRAZY 7 KICKBOXING FITNESS	09.30 - 10.15
HANDGUN AND LONG WEAPON DISARMS	11.00 - 11.45
DEALING WITH KNIFE THREATS AND ATTACKS	12.00 - 12.45
LIVE DEMONSTRATION	13.30 - 14.00
DEALING WITH COMMON GRABS CHOKES AND CLINCHES	15.00 - 15.45
GROUND FIGHTING TECHNIQUES	16.00 - 16.45
MULTIPLE ATTACKER SCENARIOS	17.00 - 17.45

FITNESS

SESSIONS	08.30 - 09.30 09.30 - 10.30
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ONFIRE & RESCUE

SNOWGA	10.00 - 11.00
DJ NEIL DIAMOND	11.00 - 12.00
GIANT TWISTA	12.00 - 13.00
DISCO LIMBO	13.30 - 14.30
BADMINTON LEVY	15.00 - 16.30
NERF SHOOT OUT	17.00 - 18.00
BINGO N MASH	18.00 - 19.00
SILENT DISCO	20.00 - 00.00

FUN ZONE

CRAZY BIKES	10.00 - 19.00
CIRCUS SKILLS	10.00 - 19.00
MEGA BALLS	10.00 - 19.00
TABLE TENNIS	10.00 - 19.00
COLOUR TOWN	08.30 - 17.30
MINI MONKEY GYM PARACHUTE PLAY	10.00 - 10.30 15.00 - 15.30
MINI GOLF	09.00 - 17.00 19.00 - 22.00
FIREWALK	18:30 - 20:30

COMBAT ZONE

ARCHERY	08.30 - 17.30
AXE THROWING	08.30 - 17.30
SPEAR THROWING	08.30 - 17.30
COMBAT ARCHERY	08.30 - 17.30
NERF	08.30 - 17.45
COMMANDO CLOSE QUARTER BATTLE	09.00 - 18.00
SNIPER SHOOT COACHING	09.00 - 18.00
STATIC SHOOTING RANGE	08.30 - 18.00

DINOMANIA

BECOME A DINOSAUR RANGER	09.00 - 10.00
RAPTOR WORKSHOP	10.00 - 11.00
MEET AND GREET RONNIE	11.30 - 12.00
DINOMANIA SHOW	12.30 - 13.30
MEET THE BABY DINOSAURS	14.30 - 15.30
INTERACTIVE DINOSAUR QUIZ	16.00 - 17.00

SKATE RAMPS

GONE WILD SKATEPARK	08.30 - 11.00 16.00 - 17.00
TRY SKATEBOARDING	11.00 - 13.00 14.00 - 15.00 16.00 - 17.00
KING RAMPS PRO DEMO	13.00 - 14.00 15.00 - 16.00 17.00 - 18.00

BEAR CHILLS WELLNESS AREA

FAMILY PILATES	09.00 - 10.00
FAMILY REIKI TASTER	09.00 - 10.00
POP UP SESSIONS AT THE SPACE TO BE	09.00 - 11.00 12.00 - 13.00 14.00 - 15.00 16.00 - 18.00
THE CALM ZONE	09.00 - 18.00
WILD SAUNA	09.00 - 18.00
MILAN JOVANOVIC - MASSAGE	09.00 - 19.00
ANXIETY WORKSHOP	09.30 - 10.00
BEACH YOGA	10.00 - 11.00
THE RAGE RITUAL	10.00 - 11.00
LUCY LOCK - MASSAGE & REIKI	10.00 - 18.00
ANXIETY RELIEF RELAXATION	10.30 - 11.00
BREATHWORK TO ENERGISE	11.00 - 12.00
FAMILY DANCE CLASS	11.00 - 12.00
FITNESS FOR WOMEN	11.00 - 12.00
STRESS RELEASE RELAXATION	11.30 - 12.00
SHAMANIC DRUM JOURNEY	12.00 - 13.00
CONFIDENCE BOOST	13.00 - 13.30
BELIEF CODING WORKSHOP	13.00 - 14.00
FAMILY YOGA	13.00 - 14.00
SOUND EXPERIENCE	13.00 - 14.00 17.00 - 18.00
HYPNO FACELIFT PAMPER	14.00 - 14.30
EFT TAPPING WORKSHOP	14.00 - 15.00
HYPNOSIS FOR SLEEP IMPROVEMENT	15.00 - 15.30
CARDIO BOXING	15.00 - 16.00
FAMILY BREATHWORK	15.00 - 16.00
FORAGING WALK	15.00 - 16.00
PUBLIC SPEAKING MASTERY	16.00 - 16.30
9D BREATHWORK	16.00 - 17.30
GUT HEALTH HYPNOTHERAPY TASTER SESSION	17.00 - 17.30
KUNDALINI YOGA	17.00 - 18.00

URBAN ZONE

PARKOUR	08.30 - 17.45
TRAMPOLINE	08.30 - 17.45
CLIMBING WALL	08.30 - 18.00
MOBILE CAVING	08.30 - 18.00
ONE WHEELING	09.00 - 13.00 14.00 - 17.00
MOUNTAIN BOARDING	09.00 - 13.00 14.00 - 17.00
FREEDROP	08.30 - 17.50

ASSAULT COURSE

SESSIONS	09.00 - 18.00
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SURVIVAL VILLAGE

FIREMAKING	08.30 - 17.30
CAMO & CONCEALMENT	08.30 - 17.30
BUILD A SHELTER	08.30 - 17.30
FIELD COOKING	08.30 - 17.30
TRAP MAKING	08.30 - 17.30
MILITARY STYLE GAMES	08.30 - 17.30
COMBAT SKILLS	08.30 - 17.30
FIRELIGHTING	08.30 - 17.30
GROSS EAT STATION	08.30 - 17.30
PARA BRACELETS	10.00 - 11.00 12.00 - 13.00 14.00 - 15.00 16.00 - 17.00
REGAINS AND KNOTS	08.30 - 17.30
SKILLS ASSAULT COURSE	08.30 - 17.30
SPEAR MAKING	09.00 - 10.00 11.00 - 12.00 13.00 - 14.00 15.00 - 16.00 17.00 - 18.00
STALK	08.30 - 17.30
SURVIVAL SHELTERS	08.30 - 17.30
COMMANDO PAINTBALL AMBUSH	09.00 - 18.00
THE NIGHT SESSIONS	21.00 - 23.30

HISTORY ZONE

GET MEDIEVAL	08.45 - 18.30
KIDS ARCHERY (STONE AGE)	08.30 - 17.30
CATAPULT RANGE	08.30 - 17.30
STONE ARROW TIP MAKING	08.30 - 17.30
CLAY LAMPS	08.30 - 17.30
STONE AGE SELFIE BOOTH	08.30 - 17.30
STONE AGE INTERACTIVE TIMELINE	10.00 - 10.30 13.00 - 13.30
STONE SLATE MINI AXE MAKING	09.00 - 18.00
STONE AGE NECKLACES & TALISMANS	09.00 - 18.00
ARROW MAKING	09.00 - 18.00
MASTERCLASS PRIMITIVE FIRE MAKING	10.45 - 11.45 13.45 - 14.45 15.30 - 16.30
DUTCH ARROW MAKING	08.30 - 17.30
THE FORGE - BLACKSMITH WORKSHOPS	09.00 - 17.30
EXTRAORDINARY EXTINCT™ DISCOVERY WORKSHOP	08.30 - 17.30
EXTRAORDINARY EXTINCT™ FOSSIL TRAIL	08.30 - 17.30

SCIENCE AND NATURE

MICROSCOPIC MARVELS	16:30 - 18:00
AROMATIC ADVENTURE	14.00 - 15.30
BIOFLUORESCENT NIGHT WALK	21.00 - 22.30
STEAM CO. CARDBOARD CREATIONS	09.00 - 17.00
STEAM CO. ROCKET WORKSHOP	09.00 - 17.00
STEAM CO. TSHIRT DESIGN	09.00 - 17.00
STEAM CO. PLANET DISCO	19.00 - 00.00

FACE 'N' GLITZ

SESSIONS	11.00 - 19.00
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DAY 3 - SATURDAY

FESTIVAL TIMETABLE

MAIN STAGE

MR MOTIVATOR	11.30 - 12.15
STEAM CO.	12.15 - 13.00
JOE MARLER	13.30 - 14.30
THE ROLLING PEOPLE	15.00 - 16.00
GERMEIN	16.30 - 17.15
TORS	17.45 - 18.30
DICK & DOM DJ SET	19.00 - 20.00
SAM RYDER	20.30 - 22.00

ADVENTURE COVE

SILLY SCIENCE SHOW	09.15 - 10.00
SILLY SCIENCE WORKSHOP	10.00 - 11.00
DR ALEXIS WILLET	11.30 - 12.30
GILLIAN CASTLE	13.00 - 14.00
GEORGE BULLARD	14.30 - 15.30
ALIX POPHAM	16.00 - 17.00
EXTRAORDINARY EXTINCT™ STORY TIME	17.15 - 18.00
THE FILLERS: KILLERS TRIBUTE	22.00 - 23.30

GUERRILLA SCIENCE

ROCK-N-ROLL UNDERWATER DISCO WITH INCREDIBLE OCEANS	10.00 - 11.00
EXPLOSIVE EXPERIMENTS	11.30 - 12.30
ANATOMICAL LIFE DRAWING THE RESPIRATORY SYSTEM	13.00 - 14.00
THE SURPRISING SCIENCE OF THE SENSES WITH BRAINTASTIC	14.30 - 15.30
ADVENTURES IN PLANT CHATTER WITH DR EMILY MAY ARMSTRONG	16.00 - 17.00
PSYCHOLOGY OF RAVING WITH DR BEATE PETER	17.30 - 18.30

ASSAULT COURSE

SESSIONS	09.00 - 18.00
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COMBAT ZONE

ARCHERY	08.30 - 17.30
AXE THROWING	08.30 - 17.30
SPEAR THROWING	08.30 - 17.30
COMBAT ARCHERY	08.30 - 17.30
NERF	08.30 - 17.45
COMMANDO CLOSE QUARTER BATTLE	09.00 - 18.00
SNIPER SHOOT COACHING	09.00 - 18.00
STATIC SHOOTING RANGE	08.30 - 18.00

ONFIRE & RESCUE

SNOWGA	10.00 - 11.00
DJ NEIL DIAMOND	11.00 - 12.00
SILLY SPORTS DAY	12.00 - 17.00
MEDAL PRESENTATION	17.30 - 18.00
GIANT TWISTA	18.00 - 19.00
SILENT DISCO	20.00 - 00.00

FITNESS

SESSIONS	08.30 - 09.30
	09.30 - 10.30

KRAV MAGA

DEMOS/INTERACTION	09.00 - 09.30
KRAZY 7 KICKBOXING FITNESS	09.30 - 10.15
HANDGUN AND LONG WEAPON DISARMS	11.00 - 11.45
DEALING WITH KNIFE THREATS AND ATTACKS	12.00 - 12.45
LIVE DEMONSTRATION	13.30 - 14.00
DEALING WITH COMMON GRABS CHOKES AND CLINCHES	15.00 - 15.45
GROUND FIGHTING TECHNIQUES	16.00 - 16.45
MULTIPLE ATTACKER SCENARIOS	17.00 - 17.45

SCIENCE AND NATURE

MICROSCOPIC MARVELS	16.30 - 18.00
AROMATIC ADVENTURE	14.00 - 15.30
BIOFLUORESCENT NIGHT WALK	21.00 - 22.30
STEAM CO. - CARDBOARD CREATIONS	09.00 - 17.00
STEAM CO. ROCKET WORKSHOP	09.00 - 17.00
STEAM CO. TSHIRT DESIGN	09.00 - 17.00

FUN ZONE

CRAZY BIKES	10.00 - 19.00
CIRCUS SKILLS	10.00 - 19.00
MEGA BALLS	10.00 - 19.00
TABLE TENNIS	10.00 - 19.00
COLOUR TOWN	08.30 - 17.30
MINI MONKEY GYM PARACHUTE PLAY	10.00 - 10.30
	15.00 - 15.30
MINI GOLF	09.00 - 17.00
	19.00 - 22.00
LEGOWALK	15.00 - 18.00

LAKE ZONE

OPEN WATER SWIMMING	09.00 - 19.00
KAYAK	09.15 - 18.30
SUP BOARD	09.15 - 18.30
RAFT BUILDING	09.00 - 18.00
OPEN WATER SWIMMING COACHING	10.00 - 16.00
LIFESAVING RESCUE SKILLS	10.00 - 16.00
LIFE SUPPORT AND CPR	10.00 - 16.00
SUP YOGA	08.15 - 09.15
	17.00 - 18.00
INTRODUCTION TO SUP	08.15 - 09.15
	12.30 - 13.30
MEGA SUP	09.30 - 18.15

SKATE RAMPS

GONE WILD SKATEPARK	08.30 - 11.00
	16.00 - 17.00
	11.00 - 13.00
TRY SKATEBOARDING	14.00 - 15.00
	16.00 - 17.00
	13.00 - 14.00
KING RAMPS PRO DEMO	15.00 - 16.00
	17.00 - 18.00

ROLLER DISCO

DISCO DANCE CLASS	09.00 - 09.45
CHARLESTON DANCE CLASS	10.00 - 10.45
STREET DANCE CLASS	11.00 - 11.45
GENERAL SKATE	12.00 - 18.00
ROLLER DISCO	18.00 - 21.00
RETRO DISCO	21.00 - 00.00

BEAR CHILLS WELLNESS AREA

WILD SAUNA	09.00 - 18.00
FAMILY PILATES	09.00 - 10.00
	15.00 - 16.00
FAMILY GUIDED MEDITATION	09.00 - 10.00
POP UP SESSIONS AT THE SPACE TO BE	09.00 - 13.00
	14.00 - 18.00
THE CALM ZONE	09.00 - 18.00
MILAN JOVANOVIC - MASSAGE	09.00 - 19.00
CONFIDENCE BOOST	09.30 - 10.00
BEACH YOGA	10.00 - 11.00
THE POWER RITUAL	10.00 - 11.00
LUCY LOCK - MASSAGE & REIKI	10.00 - 18.00
ANXIETY WORKSHOP	10.30 - 11.00
BREATHWORK TO ENERGISE	11.00 - 12.00
GODDESS DANCE	11.00 - 12.00
DISCOVER THE POWER OF EFT (TAPPING)	11.30 - 12.00
TRANSFORMATIONAL BREATHWORK	12.00 - 13.00
GOAL SETTING & ACHIEVING WORKSHOP	13.00 - 13.30
HIIT CLASS	13.00 - 14.00
SHAMANIC SOUND JOURNEY	13.00 - 14.00
SOUND EXPERIENCE	13.00 - 14.00
	17.00 - 18.00
PAIN RELEASE	14.00 - 14.30
REWYLDE FACE YOGA	14.00 - 15.00
PELVIC POWER UNLEASHED	14.00 - 15.00
HYPNO FACELIFT PAMPER	15.00 - 15.30
FAMILY BREATHWORK	15.00 - 16.00
STRESS RELEASE RELAXATION	16.00 - 16.30
FINDING YOURSELF IN MOTHERHOOD WORKSHOP	16.00 - 17.30
IMMUNE BOOSTER RELAXATION	17.00 - 17.30
HUMMINGBIRD SPIRIT YOGA	17.00 - 18.00

DINOMANIA

BECOME A DINOSAUR RANGER	09.00 - 10.00
DINOMANIA WORKSHOP	10.00 - 11.00
MEET AND GREET SPIKE	11.30 - 12.00
CREATE YOUR OWN FOSSIL	12.30 - 13.30
DESIGN A DINOSAUR	14.30 - 15.30
INTERACTIVE DINOSAUR MUSEUM	16.00 - 17.00

QUADBIKES

FULL QUAD ADVENTURE	09.00 - 18.00
TEEN QUAD ADVENTURE	09.00 - 18.00
MINI QUAD SAFARI	09.00 - 18.00

URBAN ZONE

PARKOUR	08.30 - 17.45
TRAMPOLINE	08.30 - 17.45
CLIMBING WALL	08.30 - 18.00
MOBILE CAVING	08.30 - 18.00
ONE WHEELING	09.00 - 13.00
	14.00 - 17.00
MOUNTAIN BOARDING	09.00 - 13.00
	14.00 - 17.00
FREEDROP	08.30 - 17.50

SURVIVAL VILLAGE

FIREMAKING	08.30 - 17.30
CAMO & CONCEALMENT	08.30 - 17.30
BUILD A SHELTER	08.30 - 17.30
FIELD COOKING	08.30 - 17.30
TRAP MAKING	08.30 - 17.30
MILITARY STYLE GAMES	08.30 - 17.30
COMBAT SKILLS	08.30 - 17.30
FIRELIGHTING	08.30 - 17.30
GROSS EAT STATION	08.30 - 17.30
	10.00 - 11.00
	12.00 - 13.00
	14.00 - 15.00
	16.00 - 17.00
PARA BRACELETS	
REGAINS AND KNOTS	08.30 - 17.30
SKILLS ASSAULT COURSE	08.30 - 17.30
	09.00 - 10.00
	11.00 - 12.00
	13.00 - 14.00
	15.00 - 16.00
	17.00 - 18.00
SPEAR MAKING	
STALK	08.30 - 17.30
SURVIVAL SHELTERS	08.30 - 17.30
COMMANDO PAINTBALL AMBUSH	09.00 - 18.00
THE NIGHT SESSIONS	21.00 - 23.30

HISTORY ZONE

GET MEDIEVAL	08.45 - 18.30
KIDS ARCHERY (STONE AGE)	08.30 - 17.30
CATAPULT RANGE	08.30 - 17.30
STONE ARROW TIP MAKING	08.30 - 17.30
CLAY LAMPS	08.30 - 17.30
STONE AGE SELFIE BOOTH	08.30 - 17.30
STONE AGE INTERACTIVE TIMELINE	10.00 - 10.30
	13.00 - 13.30
STONE SLATE MINI AXE MAKING	09.00 - 18.00
STONE AGE NECKLACES & TALISMANS	09.00 - 18.00
ARROW MAKING	09.00 - 18.00
MASTERCLASS PRIMITIVE FIRE MAKING	10.45 - 11.45
	13.45 - 14.45
	15.30 - 16.30
DUTCH ARROW MAKING	08.30 - 17.30
THE FORGE - BLACKSMITH WORKSHOPS	09.00 - 17.30
EXTRAORDINARY EXTINCT™ DISCOVERY WORKSHOP	08.30 - 17.30
EXTRAORDINARY EXTINCT™ FOSSIL TRAIL	08.30 - 17.30

FACE 'N' GLITZ

SESSIONS	11.00 - 19.00
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DAY 4 - SUNDAY

FESTIVAL TIMETABLE

MAIN STAGE

COLOUR RUN	11.30 - 13.00
OSCAR CORNEY	13.30 - 14.30
THE IN HERE BROTHERS	15.00 - 15.45
THE CLAUSE	16.15 - 17.15
BAD TOUCH	17.45 - 18.30
REEF	19.00 - 20.00
MCFLY	20.30 - 22.00

ADVENTURE COVE

SILLY SCIENCE SHOW	10.45 - 11.30
SILLY SCIENCE WORKSHOP	11.30 - 12.30
CATHERINE CAPON	13.00 - 14.00
HARRISON WARD	14.30 - 15.30
JENNY GRAHAM	16.00 - 17.00
EXTRAORDINARY EXTINCT™ STORY TIME	17.15 - 18.00

GUERRILLA SCIENCE

WATER WORKSHOP WITH INCREDIBLE OCEANS	10.00 - 11.00
EXPLOSIVE EXPERIMENTS	11.30 - 12.30
ANATOMICAL LIFE DRAWING - THE GUT	13.00 - 14.00
HACK YOUR BRAIN WITH BRAINTASTIC	14.30 - 15.30
MAKE YOUR OWN MEDICINE WITH DR ROWENA FLETCHER-WOOD	16.00 - 17.00
EXPLORER DOME'S 'SCIENCE TRICKS'	17.30 - 18.30

ONFIRE & RESCUE

SNOWGA	10.00 - 11.00
DJ NEIL DIAMOND	11.00 - 12.00
HOBBY HORSE RACING	12.30 - 16.30
JUNIOR JUNGLE	18.00 - 19.00
SILENT DISCO	20.00 - 00.00

ASSAULT COURSE

SESSIONS	09.00 - 18.00
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FUN ZONE

CRAZY BIKES	10.00 - 19.00
CIRCUS SKILLS	10.00 - 19.00
MEGA BALLS	10.00 - 19.00
TABLE TENNIS	10.00 - 19.00
COLOUR TOWN	08.30 - 17.30
MINI MONKEY GYM	10.00 - 10.30
PARACHUTE PLAY	15.00 - 15.30
MINI GOLF	09.00 - 17.00 19.00 - 22.00

QUADBIKES

FULL QUAD ADVENTURE	09.00 - 18.00
TEEN QUAD ADVENTURE	09.00 - 18.00
MINI QUAD SAFARI	09.00 - 18.00

FACE 'N' GLITZ

SESSIONS	11.00 - 19.00
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KRAV MAGA

DEMOS/INTERACTION	09.00 - 09.30
KRAZY 7 KICKBOXING FITNESS	09.30 - 10.15
HANDGUN AND LONG WEAPON DISARMS	11.00 - 11.45
DEALING WITH KNIFE THREATS AND ATTACKS	12.00 - 12.45
LIVE DEMONSTRATION	13.30 - 14.00
DEALING WITH COMMON GRABS CHOKES AND CLINCHES	15.00 - 15.45
GROUND FIGHTING TECHNIQUES	16.00 - 16.45
MULTIPLE ATTACKER SCENARIOS	17.00 - 17.45

LAKE ZONE

ADVENTURE SWIM	08.30 - 09.30
OPEN WATER SWIMMING	09.00 - 19.00
KAYAK	09.15 - 18.30
SUP BOARD	09.15 - 18.30
RAFT BUILDING	09.00 - 18.00
OPEN WATER SWIMMING COACHING	10.00 - 16.00
LIFESAVING RESCUE SKILLS	10.00 - 16.00
LIFE SUPPORT AND CPR	10.00 - 16.00
SUP YOGA	08.15 - 09.15 17.00 - 18.00
INTRODUCTION TO SUP	08.15 - 09.15 12.30 - 13.30
MEGA SUP	09.30 - 18.15

ROLLER DISCO

DISCO DANCE CLASS	09.00 - 09.45
CHARLESTON DANCE CLASS	10.00 - 10.45
STREET DANCE CLASS	11.00 - 11.45
GENERAL SKATE	12.00 - 18.00
ROLLER DISCO	18.00 - 21.00
RETRO DISCO	21.00 - 00.00

COMBAT ZONE

ARCHERY	08.30 - 17.30
AXE THROWING	08.30 - 17.30
SPEAR THROWING	08.30 - 17.30
COMBAT ARCHERY	08.30 - 17.30
NERF	08.30 - 17.45
COMMANDO CLOSE QUARTER BATTLE	09.00 - 18.00
SNIPER SHOOT COACHING	09.00 - 18.00
STATIC SHOOTING RANGE	08.30 - 18.00

SKATE RAMPS

GONE WILD SKATEPARK	08.30 - 11.00 16.00 - 17.00
TRY SKATEBOARDING	11.00 - 13.00 14.00 - 15.00 16.00 - 17.00
KING RAMPS PRO DEMO	13.00 - 14.00 15.00 - 16.00 17.00 - 18.00

BEAR CHILLS WELLNESS AREA

FAMILY YOGA	09.00 - 10.00
FAMILY GUIDED MEDITATION	09.00 - 10.00
WILD SAUNA	09.00 - 18.00
THE CALM ZONE	09.00 - 18.00
MILAN JOVANOVIC - MASSAGE	09.00 - 19.00
POP UP SESSIONS AT THE SPACE TO BE	09.00 - 11.00 12.00 - 13.00 14.00 - 15.00 16.00 - 18.00
BEACH YOGA	10.00 - 11.00
LUCY LOCK - MASSAGE & REIKI	10.00 - 18.00
DISCOVER THE POWER OF EFT (TAPPING)	09.30 - 10.00
FINDING YOURSELF IN MOTHERHOOD WORKSHOP	10.00 - 11.00
PAIN RELEASE	10.30 - 11.00
GODDESS DANCE	11.00 - 12.00
HYPNO FACELIFT PAMPER	11.30 - 12.00
BREATHWORK TO ENERGISE	11.00 - 12.00
FITNESS FOR WOMEN	11.00 - 12.00
REBIRTHING BREATHWORK	12.00 - 13.00
STRESS RELEASE RELAXATION	13.00 - 13.30
CARDIO BOXING	13.00 - 14.00
MACRAME WORKSHOP	13.00 - 14.00
SOUND EXPERIENCE	13.00 - 14.00 17.00 - 18.00
CONFIDENCE BOOST	14.00 - 14.30
REWYLDE FACE YOGA	14.00 - 15.00
PELVIC HEALTH	14.00 - 15.00
HYPNOSIS FOR SLEEP IMPROVEMENT	15.00 - 15.30
FAMILY PILATES	15.00 - 16.00
BREATHWORK TO RESET	15.00 - 16.00
WONDERFUL WEEDS!	15.00 - 16.00
ANXIETY RELIEF RELAXATION	16.00 - 16.30
9D BREATHWORK	16.00 - 17.30
ANXIETY WORKSHOP	17.00 - 17.30
RESTORATIVE YIN YOGA WITH YOGA NIDRA	17.00 - 18.00

URBAN ZONE

PARKOUR	08.30 - 17.45
TRAMPOLINE	08.30 - 17.45
CLIMBING WALL	08.30 - 18.00
MOBILE CAVING	08.30 - 18.00
ONE WHEELING	09.00 - 13.00 14.00 - 17.00
MOUNTAIN BOARDING	09.00 - 13.00 14.00 - 17.00
FREEDROP	08.30 - 17.50

SCIENCE AND NATURE

STEAM CO. - CARDBOARD CREATIONS	09.00 - 17.00
STEAM CO. ROCKET WORKSHOP	09.00 - 17.00
STEAM CO. TSHIRT DESIGN	09.00 - 17.00

SURVIVAL VILLAGE

FIREMAKING	08.30 - 17.30
CAMO & CONCEALMENT	08.30 - 17.30
BUILD A SHELTER	08.30 - 17.30
FIELD COOKING	08.30 - 17.30
TRAP MAKING	08.30 - 17.30
MILITARY STYLE GAMES	08.30 - 17.30
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DINOMANIA

BECOME A DINOSAUR RANGER	09.00 - 10.00
MEET AND GREET RONNIE	10.00 - 10.00
DINOMANIA SHOW	11.00 - 12.00
DINOSAUR COLOURING	12.30 - 13.30
FEED THE BABY DINOSAURS	14.30 - 15.30
INTERACTIVE DINOSAUR QUIZ	16.00 - 17.00

ALL TIMINGS SUBJECT TO CHANGE